



Dance Inspire Dance Studio



ABOUT DANCE INSPIRE DANCE STUDIO

A fun, encouraging and motivational environment is how our exceptionally experienced instructors teach dance here at DIDS. Our new recreational dance program is designed for students who want to take part in a dance journey without the demands of an intensive program. The main focus is on fitness, fun and learning, rather than entertainment and the pressure of performing. All of our acro-dance instructors are trained through Acrobatics Arts and we follow the Acrobatics Arts Program to promote safe technique and progression in Acrobatic Dance.

Starts week commencing 11th October 2021

TIME	MON	TUE	WED	THU
9.15am		 2 - 4yrs	TWIRLING TUTUS 2 - 4yrs	TINY TUMBLERS 2 - 4yrs
3.45pm	 3 - 5yrs	ACRO DANCE Beginners 5+ yrs	BALLET JNR Beginners 5+ yrs	ACRO DANCE Beginners 5+ yrs
			ACRO DANCE Beginners 5+ yrs	
4.30pm	HIP HOP Beginners 5+ yrs	ACRO DANCE Beginners 5+ yrs		ACRO DANCE Intermediate 8+ yrs
5.15pm	HIP HOP Intermediate 8+ yrs			JAZZ FUNK Intermediate 8+ yrs

Note: No parent participation allowed in our dance classes



Ariana Vallejo
Dance Instructor



Meryl Ward
Dance Instructor



Alex Anderson
Dance Instructor



Amber Kelly
Dance Instructor



Tristan Tucker
Dance Instructor

Serpentine Jarrahdale Community Recreation Centre

38 Mead Street, BYFORD WA 6122
P: (08) 9550 6777
E: sjcrc.enquiries@ymcawa.org.au
W: www.sjrcr.ymcawa.org.au



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Jarrahdale





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READY SET DANCE: 2 - 6 Years (No Parent Participation)

READY SET DANCE as seen on Nick Jr. and 10 SHAKE is a one hour combo class of jazz, tap, hip hop, singing and music. Designed for both boys and girls, the program focuses on teaching the fundamentals of dance while developing the 3 C's - Confidence, Coordination and Creativity in a professional and safe environment. You can also catch us on YouTube and the Nick Jr Play App. Pre-schoolers love to dance along to their favourite songs from the TV show in their classes every week. Compulsory uniform due to it being a licensed program.

TWIRLING TUTUS: 2 – 6 Years (Parent Participation Required)

Does your child love to twirl around like a ballerina, then why not expand on that interest and enrol them into a much loved, fun, creative and structured ballet class. Not only will your child be learning to dance in this class but also they will grow in confidence and co-ordination as well as professional dance training in a friendly atmosphere.

TINY TUMBLERS: 2 - 4 Years (Parent Participation Required)

This fun-filled class is introducing children to participate in an obstacle style class using a variety of age-appropriate soft climbing equipment as well as learning the first stage of Acrobatics. With parent participation your child will learn to climb, use gross motor skills, and have fun jumping on our mini trampoline. Your child will also gain flexibility, strength, balance, and coordination in a fun environment.

HIP HOP: 5+ Years (Beginners, Intermediate)

Is a broad category that includes a variety of urban dance styles primarily performed to hip hop music. Constantly evolving hip hop is a free, funky, soulful expression of dance and a high energy style that allows you to express more of your own style.

ACRO DANCE: 5+ Years (Beginners, Intermediate)

Fun class incorporating a massive range of fun acrobatic moves designed to stimulate and enthrall, building confidence, co-ordination, strength and fitness. Children will learn everything from Russian splits, back walkovers, roundoffs and handstands to cartwheels, forward rolls and much more. It is both athletic and creative, working on children's flexibility, strength, acro and techniques.

FUNK JAZZ JUNIOR: 8+ Years

Funk Jazz is a fun, energetic style that teaches students technique including posture, flexibility, balance, strength and much more. In Funk Jazz class they will learn choreography to different pieces of music ranging from today's recent hits to Broadway musicals.

BALLET JUNIOR: 5 – 10 Years

Classical ballet is characterised by a standard vocabulary of steps, poses and graceful movements including pointed feet, rising, jumping, stretching and spinning. It is strengthening, disciplined and stylised. The class starts with exercises at the barre followed by work in the centre of the floor.

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